



# The Weekly Bulletin – Sunday, February 10, 2019

First Unitarian Universalist Congregation of Ann Arbor, Michigan

---

**Worship February 10 | 9:30am and 11:30am**

## **Trust Thyself**

Ralph Waldo Emerson once wrote "Self-trust is the first secret of success." But why is it so important? And what do we do if our trust in ourselves has been broken? Join us as we explore the inner journey of trust.

**On the Chancel |** Rev. Cassandra Hartley, Dr. Glen Thomas Rideout

---

## **One-Time Chalice Circle Signup**

### **Today, Social Hour, Chalice Circle Table**

Sign up for a one-time Chalice Circle offered on Sunday, February 24 from 1:15pm–3:00pm. Chalice Circles are small discussion groups where participants practice deep listening and make connections through sharing experiences, thoughts, and feelings. Consistent with this month's worship theme, we will be exploring the topic of "Trust." Stop by during Social Hour to learn more and register or register via e-mail at [chalicecircles@uuaa.org](mailto:chalicecircles@uuaa.org).

## **Renew or Begin Your Khasi Hills Student Sponsorship**

### **Today, Social Hall, Khasi Hills Table**

A new school year has started in the Khasi Hills. Renew your existing sponsorship, or if you have never sponsored a student, stop by our table during Social Hour to learn more. We are there to accept forms and checks, answer questions, and provide program information. Renewing sponsors will be paired with their current student, unless that student is not enrolled this year. In such cases, renewing sponsors will be matched with a new student. Questions? Email Allen Duncan at [aduncan85@gmail.com](mailto:aduncan85@gmail.com).

## **Mindful Eating**

### **Today, Social Hour, Mindful Eating Table**

February's theme is "Naturally Sweet." Stop by during Social Hour to taste foods made using maple syrup, honey, and other alternatives to processed, refined sugar. Check out information about upcoming events including the February 26 forum: Preserving Washtenaw County Farms and Open Space. Ann Arbor District Library (Westgate) at 7:00pm. Questions? Contact Merrill [crockettmerrill@aol.com](mailto:crockettmerrill@aol.com).

## **Resolution Affirming Palestinian Human Rights**

### **Today, Social Hour, Justice in the Middle East Table**

Inspired by the Anti-Apartheid Movement, Palestinian civil society is calling for boycotts, divestment, and sanctions (BDS) to pressure Israel to comply with international law and universal human rights principles. Please sign a letter to call a congregational meeting so that members of UUA have an opportunity to consider a resolution endorsing the BDS Movement for Palestinian human rights. Questions? Contact Mark Jagner at [mjagner@yahoo.com](mailto:mjagner@yahoo.com).

## **UUA Indivisible**

### **Today, Brown Room, 10:35am–11:25am**

How do we respond to our current political climate with UU values? UUA Indivisible members call our DC and Lansing representatives with specific asks; engage in voter registration and ballot initiatives, organize town hall meetings, and host initiatives to promote listening

and understanding. Join us in the movement toward transforming our democracy with UU values front and center. Questions? Contact Carrie at [chatcherkay@gmail.com](mailto:chatcherkay@gmail.com).

## **Annual Auction Planning Meeting**

### **Today, Sunderland Library, 10:45am–11:30am**

From Paw Paw to Petoskey, Michigan is filled with natural wonder. That's why our auction theme this year is all about praising the Peninsulas. Please pop into the library between services or stop by our table starting next Sunday in Social Hour. Questions? Email [auction@uuaa.org](mailto:auction@uuaa.org).

## **UUA Bridge Group**

### **Today, Kemnitz Room, 12:30pm–3:45pm**

Come play bridge! A bridge lesson will begin at 12:30 and games will follow. Join us as a team or as a substitute player. Refreshments will be served. Questions? Contact Karen at [kbourdon1@sbcglobal.net](mailto:kbourdon1@sbcglobal.net).

## **Community of Writers**

### **Today, David Room, 1:15pm–2:45pm**

Join us for our February meeting where we will read our writings to the group and invite appreciative comments. Each writer may choose their subject and genre. Please keep your reading to five or fewer minutes. We will also encourage suggestions for our next meeting's leader and topic. Questions? Contact Mary Lund at [mlund@mi.rr.com](mailto:mlund@mi.rr.com).

## **White Fragility Book Discussion**

### **Today, Fahs Chapel, 1:15pm–3:00pm**

Challenging Racism invites you to discuss *White Fragility: Why It's So Hard for White People to Talk about Racism* by Robin DiAngelo. *White Fragility* "...[opens] paths for white participants coming to terms with their own and others' fragile, defensive, and coded responses when a conversation turns to race" (beacon.org). We'll focus on recognizing our own fragility and how to disrupt our white supremacy-based culture on an everyday basis. Questions? Contact Gina Boldman at [boldman@comcast.net](mailto:boldman@comcast.net).

## **North AAUU Group**

### **Tuesday, February 12, 7:30pm**

All are welcome to join us at the home of Sandy and Jim Breck (2187 Georgetown Blvd., Ann Arbor) to celebrate the birthday of Charles Darwin. The topic will evolve. RSVP to 734-995-2844 or [breck@umich.edu](mailto:breck@umich.edu).

---

## Introduction to Our Faith

**Wednesdays, February 13 & 20, 6:30pm–8:30pm**

This two-session class is an introduction to Unitarian Universalism for newcomers and a prerequisite for congregants ready to sign the membership book. Join Rev. Manish and Rev. Cassandra to learn about UU history, how to get involved, finding your calling, and the responsibilities of membership. [Register](#) online or by filling out a form found on the Involvement Table during Social Hour. The registration deadline is Sunday, February 10. Questions? Contact Hannah Hotchkiss at [hannah@uuaa.org](mailto:hannah@uuaa.org).

## Black Lives of Unitarian Universalist (BLUU)

### Online Worship Watch Event

**Sunday February 17, 3:45pm**

BLUU's online worship service is Black sacred space in its entirety – by and for Black people with the words and voices of Black folks across the diaspora. We invite Black UU and Black UU adjacent folks to join us for a service online and discussion. Please respect this event as a Black safe space. Questions? Contact Quiana at [quiana@uuaa.org](mailto:quiana@uuaa.org).

## UUAA Mothers and Others

**Saturday, February 23, 10:15am–11:15am**

This new UUAA group for caregivers of young children is an opportunity for parents, guardians, and other caregivers of young children to connect for support and fellowship! Join us for playdates in the UUAA Potter Nursery on the 2nd and 4th Saturdays of the month. Join our Facebook group and email list to find more opportunities to connect. Search for UUAA Mothers and Others on Facebook or email Arika Lyca at [arika.grace@gmail.com](mailto:arika.grace@gmail.com) or Charlene Mangi at [charlene.mangi@gmail.com](mailto:charlene.mangi@gmail.com) for more information.

## Wednesday Morning Readers

**Wednesday, February 27, 10:00am–noon**

Wednesday Morning Readers will be discussing the book *Midwives* by Chris Bohjalian. All are welcome to join. Questions? Contact Liz Hartley at [lizzyt48176@gmail.com](mailto:lizzyt48176@gmail.com).

## Drumming and Spirituality with Matt Meyer

**Sunday, March 3, 1:00pm–2:30pm**

Join renowned percussionist Matt Meyer in the Sanctuary for a hands-on rhythm workshop, tour of world instruments, and discussion. Together, we explore how and where rhythm-making and UU values intersect. Drums provided; feel free to bring your own. Matt's workshop is open to all, but especially designed for adults and youth ages 12 and above. No registration is necessary. This event is free of charge. Questions? Contact Dr. Glen Thomas Rideout at [glen.thomas@uuaa.org](mailto:glen.thomas@uuaa.org).

## Calling all Womyn

Would you like to stay informed about UUAA activities specifically for women? Join the UU Womyn's Community email list by contacting Judi at [womenscouncil@uuaa.org](mailto:womenscouncil@uuaa.org) or stop by the Womyn's Council Table during Social Hour every 2nd and 4th Sunday. Womyn's Community activities are open to all who identify as women and are 15 years old or older.

---

## Next Week's Worship

### The Underpinnings of Trust

What spiritual concepts/ideas ground and inform our sense of trust? Join us as we explore this topic as well as participate in our annual Ritual of Remembrance, honoring those who have deceased.

---

## Immigration Action Coalition

Support sanctuary guest Mohamed Soumah. Mohamed is in sanctuary with the Ann Arbor Friends. He has a medical condition making return to his native Guinea in West Africa almost certain death. There are two ways to help. 1) Make a financial pledge of \$5 a month (\$60 a year) to help sustain Mohamed in sanctuary. Make checks payable to UUAA with "sanctuary" in the memo line. 2) Volunteer as a security door minder. Questions? Contact Cheryl Valentine at [cheryl.natzmervvalentine@gmail.com](mailto:cheryl.natzmervvalentine@gmail.com).

## Pastoral Care

Do you know how to reach Quiana Perkins or a member of the Pastoral Care Team?

1. Call UUAA a 734-665-6158 and ask for Pastoral Care.
2. Send an email to [pastoralcare@uuaa.org](mailto:pastoralcare@uuaa.org).
3. Speak directly to Quiana or a member of the Care Team on Sunday during Social Hour after each service. We can be found at the Pastoral Care/Involvement Table during Social Hour.

## Seeking Womyn's Retreat Committee Members

The 2019 Womyn's Retreat will be October 4-6 at Camp Copneconic in Fenton, MI (45 minutes north of Ann Arbor). Creative community-building women are needed to help build a wonderful weekend. UU women ages 15+ are encouraged to help. Our goal is to have the retreat planned and registration open by mid-May. Meetings will be 10-11:15 am at UUAA on 2/17, 3/17, 4/28, and 5/19. If you'd like to help, email Retreat Chair Roen Montalva at [roenmontalva@gmail.com](mailto:roenmontalva@gmail.com) with "Women's Retreat Committee" in the subject line.

## Womyn's Retreat Seeking Workshop Proposals

Would you like to teach a class at the 2019 Womyn's Retreat? Workshops can be on any topic of interest to UU women and should be 60-90 minutes. All proposals will be reviewed by a committee and selections will be made to provide variety and depth in our weekend. The retreat will be October 4-6, 2019 at Camp Copneconic in Fenton, MI (45 minutes from Ann Arbor). Submit proposals by March 15 by filling out a form at <https://goo.gl/forms/c8uwsqCZOBWHjpMg1> or emailing [roenmontalva@gmail.com](mailto:roenmontalva@gmail.com) with "Womyn's Retreat" in the subject line.

## Weekly Bulletin Deadline

**Wednesdays at 5:00pm**

Submissions of 90 words or fewer should be submitted in Word format and sent to [bulletin@uuaa.org](mailto:bulletin@uuaa.org). Questions? Contact Welcome Ministries Coordinator Hannah Hotchkiss at [hannah@uuaa.org](mailto:hannah@uuaa.org).

## March Newsletter Deadline

**Thursday, February 21, 9:00am**

All submissions of 300 words or fewer should be submitted in Word format and sent to [newsletter@uuaa.org](mailto:newsletter@uuaa.org). Questions? Contact Welcome Ministries Coordinator Hannah Hotchkiss at [hannah@uuaa.org](mailto:hannah@uuaa.org).